

# LABOR STUDIES 136

## *When the Paycheck Stops*

In response to the staggering numbers of American workers who have lost their jobs, the Los Angeles County Federation of Labor, AFL-CIO, Labor Community Services and LA Trade Tech College Labor Studies will offer a class on "How to Survive When the Paycheck Stops". This course, will survey the broad range of public and private programs designed to help adults and children in need. Designed for all union members, representatives and officers, this course outlines several strategies when the family income drops off or even disappears.

- How the LA Fed and LCS can help
- Identify member's needs
- Setting up a community services program for your members
- How to set up a Food Bank
- Living on a "Survival Budget"
- Where to turn for Medical Help
- Credit Counseling
- Dealing with Stress

Labor Studies 136  
When the Paycheck Stops  
Class #20829  
1 unit of College Credit

(2 Saturdays)  
October 19 & 26, 2024  
8:30am to 5:20pm  
Los Angeles Trade Technical College  
Building F5 Room 221

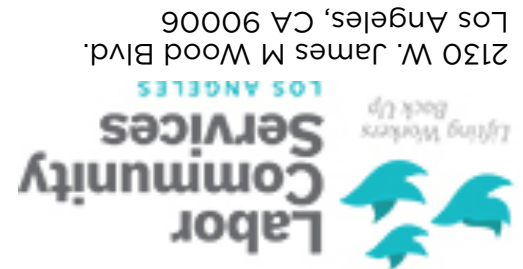
**\*\* Must attend both Saturdays \*\***

This fact-filled two-Saturday workshop will give you the skills and confidence to be a valuable resource for your members, union, company, community and family.



### **INSTRUCTOR: ARMANDO OLIVAS**

**Armando Olivas, Executive Director (Retired), Labor Community Services, Los Angeles County Federation of Labor, AFL-CIO. He has been an instructor at Trade Tech - Labor Center since 1992 teaching union members and students how to access emergency and disaster assistance.**



2130 W. James M Wood Blvd.  
Los Angeles, CA 90006

#### ENROLLMENT FEES:

Fall & Spring semester

CA Residents \$46/unit

ASO Rep fee \$2/semester

ASO Membership fee \$7

\*\*Membership fee optional but

must opt out.

Health Fee \$19/semester

Checks Payable to LATTC

MAX MONT SCHOLARSHIPS:  
For Labor Studies classes only.

NEW Students must pre-enroll ONLINE a week before class starts via CCCApply:  
<https://www.openccapply.net/gateway/apply?cccmisCode=746>

<http://college.lattc.edu/laborcenter>

To get E-copies of Labor Studies flyers, please email us at  
[laborcenter@lattc.edu](mailto:laborcenter@lattc.edu)

Free Parking: On Olive Street parking structure-C6 (between  
Washington Blvd & 21st Street) for weekend Labor Studies classes  
only during class hours.

LOS ANGELES TRADE-TECH  
**LATTC**  
A Community College

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*When the Paycheck Stops*

***Be ready to take *immediate* action!***